

SPA POLICIES

Appointments

When scheduling you will be asked to secure your appointment with a credit card number. We recommend you arrive a minimum of 10 minutes prior to scheduled appointment time. If you arrive late, your treatment time may be reduced, however, the charge for the service will remain the same.

Cancellations

24 hour cancellation is required for all single spa services. 48 hour cancellation is required for all scheduled package appointments. 72 hour cancellation for all spa parties and bridal packages. No call, no show, or same day cancel may result in payment for scheduled spa services. Return check fee will be \$30.

THE
UNIQUENESS OF
TIME FOR ME
IS TRULY
A JOY AND
HEARTWARMING
EXPERIENCE.

-AMY CROFT



HOURS OF OPERATION

Monday thru Friday 9am to 7pm

Saturday 9am to 5pm

GIFT CERTIFICATES AVAILABLE

GROUP PACKAGES AVAILABLE UPON REQUEST.

Time For Me Day Spa, Inc. | 7201 Route 5 West | Clinton NY 13323
315.853.3300 p | 315.853.3344 f | www.timeformedayspa.com



TRULY EXPERIENCE A "TIME FOR ME" BY EMBRACING A FEELING
OF COMFORT AND RELAXATION IN A TRANQUIL ATMOSPHERE.

MASSAGE

Specialty Massage	30 minutes	\$50
<i>Enjoy a massage which may include therapeutic, deep tissue, sports, hot stone, aromatherapy, and hot towels. This technique will enhance your massage experience and be customized to your needs.</i>	60 minutes	\$70
	90 minutes	\$100
Upper Body Hot Stone Massage	45 minutes	\$65
Full Body Hot Stone Massage	75 minutes	\$105
Couples Massage	30 minutes	\$100
	60 minutes	\$140
Pregnancy Massage	30 minutes	\$50
	60 minutes	\$70
Foot Rejuvenation	30 minutes	\$45
Tension Relief Scalp Massage	30 minutes	\$50
Chair Massage	per minute	\$1
<i>20 minute maximum</i>		
Reflexology	40 minutes	\$65
<i>hands or feet</i>		
Revitalizing Body Treatment	45 minutes	\$85
Foot Treatment		\$5
<i>add to any massage</i>		

*under 18 years old must have parental consent

MANICURES AND PEDICURES

Spa Manicure	30 minutes	\$25
French Manicure	30 minutes	\$30
Petite Pedicure	30 minutes	\$35
Spa Pedicure	60 minutes	\$55
<i>using Footlogix Pediceuticals</i>		
French Pedicure	60 minutes	\$55
Hot Stone Pedicure	75 minutes	\$65
Paraffin Hand Dip	10 minutes	\$10
Paraffin Foot Dip	10 minutes	\$10

PRICES ARE SUBJECT TO CHANGE

WAXING

Eye brows	\$15
Upper lip	\$10
Chin	\$15
Arms	\$25
Under arm	\$15
Back	\$45
Chest	\$45
Full legs	\$50
Knees down	\$35
Bikini	\$35
Brazilian	\$55

*Waxing prices are subject to increase due to hair density and skin surface waxed. Tweezing is a form of hair removal and will also be charged accordingly

FACIALS

Teen Facial	
30 minutes	\$45
Facial Tease	
30 minutes	\$50
Renew and Relax	
60 minutes	\$70
Deep Cleansing and Rejuvenating	
75 minutes	\$90

TREATMENTS

Hands-So-Soft Hand Treatment	\$25
Lip and Eye Treatment	\$25
Skin Analysis with a Woods Lamp	\$15
Make-up Application	\$35

GRATUITIES NOT INCLUDED
IN ANY SERVICES

PACKAGES

Time for Me – approx. 5 hours **\$265**
90 minute specialty massage, deep cleansing and rejuvenating facial, spa manicure, spa pedicure, and paraffin hand dip

Time to Relax – approx. 4.5 hours **\$250**
60 minute specialty massage with foot rejuvenation, renew and relax facial, spa pedicure, and spa manicure

Time to Rest – approx. 3.5 hours **\$210**
60 minute specialty massage, renew and relax facial, spa pedicure, and hand-so-soft hand treatment

Time and a Half – approx. 2 hours **\$140**
30 minute specialty massage, facial tease, petite pedicure, and hand paraffin dip

Time for a Break – approx. 1.5 hours **\$140**
30 minute tension relief scalp massage, 30 minute specialty massage, and foot rejuvenation

Time to Shine – approx. 1 hour **\$105**
Facial tease, eyebrow/lip wax, and makeup application

Time for your Sole – approx. 1 hour **\$95**
30 minute foot reflexology followed by a petite pedicure

packages must be used the same day
in order to receive discount

COUPLES CORNER

Time For You and Me **\$260**
60 minute specialty couples massage along with a foot rejuvenation followed by a lunch for two*

Time For Us **\$170**
60 minute specialty couples massage followed by lunch for two*

Time Together **\$160**
60 minute couples massage followed by a choice of champagne, sparkling juice or herbal tea complimented with chocolate or appetizer while sitting on the balcony over looking the fire

*lunch prices are subject to change